

# Asthom

Asthom Tablets  
Asthom Forte Tablets  
Asthom Forte ST Tablets  
Asthom Syrup

## Composition

### Asthom Tablets

Each tablet contains Salbutamol Sulphate IP equivalent to Salbutamol IP 2 mg and Theophylline anhydrous IP 100 mg

### Asthom Forte Tablets

Each tablet contains Salbutamol Sulphate IP equivalent to Salbutamol IP 4 mg and Theophylline anhydrous IP 200 mg

### Asthom Forte ST Tablets

Each sustained-release uncoated tablet contains ... Salbutamol Sulphate IP equivalent to Salbutamol IP 4 mg and Theophylline anhydrous IP 300 mg

### Asthom Syrup

Each 5 ml contains Salbutamol Sulphate IP equivalent to Salbutamol IP 1 mg and Theophylline anhydrous IP 50 mg in a flavoured syrup base q.s.

## Indications

**Asthom** and **Asthom Forte** are particularly indicated for patients who experience side effects with maximal therapeutic doses of either theophylline or salbutamol alone and patients with severe asthma who require more than one drug from any class of bronchodilators. **Asthom Forte ST** is indicated for long-term maintenance bronchodilator therapy in patients with obstructive airway disease, i.e. asthma and COPD, including patients with nocturnal asthma.

## Dosage and Administration

Optimum dosage must be individualised due to variability of theophylline pharmacokinetics with age, diet, smoking, cardiac failure and liver disease. The usual starting dose is one tablet of **Asthom** or 10 ml (one measure) of **Asthom Syrup**, thrice daily. In select patients, if further bronchodilation is required, dosage may be increased to one tablet of

**Asthom Forte** thrice daily. **Asthom Forte ST** should be taken at 12-hourly intervals. In those asthmatics whose condition deteriorates despite the above therapy, further increase in the recommended dosage is not advisable. Alternative or additional therapy including corticosteroids and oxygen should be instituted promptly in severe cases.

## Contraindications

Hypersensitivity to xanthine derivatives.

## Presentation

<b>Asthom</b>	Blister pack of 10 tablets
<b>Asthom Forte</b>	Blister pack of 10 tablets
<b>Asthom Forte ST</b>	Blister pack of 10 tablets
<b>Asthom Syrup</b>	Bottle of 100 ml