

# **DIZICUM**Digestive enzymes

# Each 10ml (approx. 2 teaspoonfuls) Contains: Composition:

## Indications:

Hyper acidity, peptic ulcer, reflux, oesophagitis, flatulent dyspepsia, hiatus hernia, heart burn.

### Description:

Digestive Enzymes are molecule catalysts located in abundance in the body. In fact, there are over 1,300 different types. Enzymes are considered as the "construction workers" that facilitate all the bodily functions.

Digestive enzymes are especially important, as exhaustion is one of the main reasons of accelerated aging. Plant enzymes assist in the digestion of food directly through the intestinal tract. Supplemental enzymes help prevent feelings of bloating and exhaustion after a big meal. We consume an average of two pounds of food per day or 20 tons over a lifetime. A smooth passage of food through the gastrointestinal tract is critical to avoid stasis of feces, which releases toxins. Digestive enzymes help in this respect together with a high soluble fiber diet.

Digestive enzymes also help other vitamins and minerals. For example, the fat-soluble vitamins A, D, E, and K require fat for absorption. Fat has to be broken down by an enzyme known as lipase. If lipase is not present in sufficient quantities, the fat will not be broken down. If the fat is not broken down, the vitamins will not be released. Therefore, you can spend a fortune on vitamin pills but if there is an absence of the proper enzymes to release the vitamins into the body's system, the vitamins will still be flushed out.

On an interesting note, one of the early signs of improving digestion after consuming digestive enzymes is an improvement in skin tone. This is because if the inner organs start to degenerate and fail to function properly, the stress will most likely be revealed on the face. Supplementation with digestive enzymes is therefore an important part of anti-aging treatment, in addition to consuming raw food and mineral supplements.

#### Contraindications:

Cardiac failure, hypertension

#### Warning & Precautions:

History of allergy, impairment of hepatic or renal function, G6-PD deficiency. To get periodic blood check & liver function tests to be done.

#### Side Effects:

Prolonged use in patients ingesting low phosphate diet may cause osteomalacia. Nausea, vomiting, constipation.

**Dosage:** 1-2 teaspoonfuls to be taken after meal trice in a day.

Presentations: 200 ml

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 44.60
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